

The Sensory Oasis provides a sanctuary for children and young adults who become overwhelmed by noise, smells, lights, crowds, and other types of sensory input. Reducing that input by escaping from it allows a person to regulate his or her mood and avoid meltdowns which can be associated with, exacerbated by, or triggered by, sensory overload.

It includes a teepee which contains a number of sensory tools such as a weighted blanket, cushions, soft blanket, fidget toys, timers, books and noise-cancelling ear muffs.

For more information, please contact capacitybuildingprojects@vinnies.org.au or 8622 0456

