# Community Wellbeing Clinic

free FREE free

# We know there are a lot of changes in our community at the moment as we respond to COVID-19.

We are doing what we can to work with people in our community to help you stay safe.

We are setting up a special **free** community wellbeing and fluvax clinic for people who live in Riverwood. It will be run by Sydney Local Health District staff.

### When and where?

### Thursday 30 April, 11am to 2pm

Riverwood Community Centre, 151 Belmore Road North, Riverwood

### Here we can:

- Provide you with the vaccination to protect you against influenza
- Give you information about COVID-19 and other health needs
- Provide testing for COVID-19
- Offer health screening for other issues
- Give you a free Care Package to take away which will include some essentials like soap and a toothbrush
- · Give you a free meal

# Why should I come?

It is important to keep well during the flu season.

COVID-19 is a highly contagious virus that can cause serious health problems for people in our community. Those with chronic health problems and older people have been the most affected.

By screening people in our community we can help stop the spread of the virus.

## What is a health screen?

Health staff will ask you questions about your health. If you have any symptoms like the flu or you are worried about your health you can have a test.

This can be used to tell whether you have the COVID-19 virus.

