

Volunteer - get involved
with your community!



Get involved by volunteering at Riverwood Community Centre. We have many roles to choose from and opportunities to socialise with other volunteers in a fun and supportive environment.

Volunteering Roles & Opportunities

- ✓ One on one client transport
- ✓ Gardening - no lawn mowing
- ✓ Home maintenance - low level jobs
- ✓ Technology support - phones and iPads
- ✓ Web/social media
- ✓ Administration/support
- ✓ Home visiting



Riverwood Community Centre has been at the heart of the community for more than 40 years. We offer quality programs to support individuals, families and community groups in a caring and inclusive environment. We respect and celebrate our rich cultural diversity, embrace our volunteers and encourage participation, connection and inclusion in our community. We are managed by local people for local people.

Our Aged Services support older people living at home to maximise their independence, promote a healthy lifestyle and enjoy life in their community.

151 Belmore Road North
Riverwood NSW 2210

☎ 02 9533 0100

✉ reception@riverwoodcommunity.org.au

💻 riverwoodcommunity.org.au



AGED
SERVICES

SUPPORTING
INDEPENDENCE
AT HOME



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Riverwood Community Centre Aged Services

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SERVICES

R.C.C.
AGED & DISABILITY
SERVICES



WHAT WE DO

We provide services to older people who live at home but require help to remain independent.

Our services assist older people who face social isolation or have difficulty with daily tasks. Volunteers help us to deliver some of our services extending them further into our multicultural community. We follow a 'Wellness Approach' that focuses on the older person's strengths, abilities and interests.

CLIENT FEES

Our clients pay modest fees that contribute to meeting service costs. Fees are discussed before services start.

HOW TO ACCESS OUR SERVICES

Our services are funded by the Commonwealth Home Support Program. Older people aged 65 or over, or Aboriginal people aged 50 or over, and who live at home must first be assessed for services.

Assessments can be arranged through My Aged Care at www.myagedcare.gov.au or by calling 1800 200 422.

You can then request to be referred to Riverwood Community Centre. If you are having difficulties call us on 9533 0100.



We are committed to the delivery of quality services that support and enrich the lives of older people in our community.

We value the multicultural character of our community and offer services that assist older people from diverse backgrounds.

SOCIAL SUPPORT GROUPS

Social support groups provide opportunities to maintain and build relationships with others who speak the same language, share the same cultural background or common interests. We support 12 Groups that meet weekly at various locations across the Canterbury Bankstown area. Transport is included.

HOME VISITING

Home Visiting maintains engagement with older people on at least a fortnightly basis and seeks to build or re-build other connections where possible.

COMMUNITY OUTINGS

The Community Outings program helps clients to stay connected and independent by providing affordable outings with the opportunity to socialise and enjoy the company of others in a safe environment.

SHOPPING SERVICE

Our shopping service supports older people who find it difficult to independently do their shopping. We provide a Bus Shopping service where clients are picked up from their homes and taken to Roselands Shopping centre and then home again. We also provide an Individual Assisted Shopping service for people who require support with their shopping.

HOME MAINTENANCE

The home maintenance service assists with minor gardening and home maintenance jobs for aged people who can no longer maintain their garden or do simple tasks like changing light globes or washers. The program relies on our friendly and professional volunteer handy persons and gardeners who are fully insured and have satisfied police checks.

TRANSPORT

Our transport service provides a single or round trip service to attend personal and medical appointments.

DOMESTIC ASSISTANCE

Our Domestic Assistance program helps with everyday light household chores to assist clients in maintaining their homes.



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